

Reducing Food Waste @ School

For Elementary/24-25 - V1

My School Café: Good Food, Less Waste!

OUR PRIORITIES:

- 1) Feed Students, 2) Feed *the* Budget, 3) Feed Others, 4) Feed *the* Soil 5) Feed Plastic Free

2024-25 GOALS

You can help us reduce food waste and send less to landfills at your school!

Please support our 2024-25 goals:

- 1) Reduce student milk waste
- 2) Reduce student salad bar waste
- 3) Eliminate utensil packets, straws, and condiment packages, to reduce campus litter and plastic waste
- 4) Implement Share Tables at lunch
- 5) Support Café to Compost, in school gardens, as requested
- 6) Develop Love Food Not Waste student leaders to champion goals and learn valuable leadership skills



A joint program of Food & Nutrition Services
& the District's Recycling Office
www.sdusdsustainability.com/love-food-not-waste
www.sandiegounified.org/food-nutrition-services-1

ACTION STEPS

- 1) Unopened milk is **still** one of the most wasted items at lunchtime. Help spread the word to students that **milk is NOT required** as long as they choose a main entrée AND 1/2 cup of fruit or vegetables. Show this short video on [“What makes a school meal”](#) to your students. (Found at: <https://www.sdusdsustainability.com/love-food-not-waste>)
- 2) Sometimes “eyes are bigger than stomachs.” Encourage students to take only what they will eat from the salad bar (minimum of 1/2 cup).
- 3) Support the provision of individual utensils, napkins in holders, and condiments in bulk dispensers to reduce litter, waste, and to save \$.
- 4) Share Tables can be set up for students to place certain packaged items or whole fruit for other students to take. There are specific guidelines that must be followed. If your school is interested, please contact jwhited@sandi.net.
- 5) Does your school have a garden? Leftover fresh fruits & vegetables from the salad bar can be collected for composting as part of our Café to Compost program. For more information, contact jwhited@sandi.net.
- 6) Support development of lunchtime student Green Teams, Eco-heroes, etc.

