



LOVE FOOD NOT WASTE

FOOD RECOVERY AND RESCUE

QUICK REFERENCE GUIDE - Middle & High Schools

OFFER VS SERVE

- Utilize OVS for MILK in ALL meals; OVS for DRIED FRUIT & JUICE for Breakfast & Nutrition Break; and OVS for FRUIT & VEGETABLES at lunch (student must take 1/2 cup of a fruit OR vegetable)

FOOD RECOVERY - Returned to production *(see detailed food listing on back)*

- RECOVER items such as cereal, dried cranberries, grain bars, crackers, etc. to site inventory
- RECOVER and refrigerate cold/dairy items (milk, yogurt, cheese, carrots, apple slices) and juice

FOOD RESCUE - Individually Wrapped (IW) & Kitchen Wrapped Items *(see food listing on back)*

Cold & Shelf Stable Items - Specific Items to be determined by Hunger Relief Agency

- Place COLD, individually wrapped items into a clear plastic bag and tie or tape closed
- Label bag with required label (include site, food type, date)
- Refrigerate or **freeze (preferred)** bag for designated pickup days by delivery driver (Place bags in the same place in the refrigerator or **freezer** so they can be easily located)
- Food from Friday should be FROZEN over the weekend and sent on Monday
- Rescue shelf stable or cold packaged items near/past their date labels if packaging is o.k.

Hot IW/Packaged/Wrapped Items - Specific items to be rescued will be communicated to staff

- Collect hot packaged items and spread on a bun pan. Place in refrigeration to cool.
- Bring temperature to 70° within two hours and 41° within the next 4 hours.
- Once proper temperatures are reached place packaged items in a clear plastic bag
- Tie or tape all bags closed
- Label bags and/or boxes with required label (include site, food type, prep date, etc.)
- Refrigerate or **freeze (preferred)** bags or boxed items FOR SCHEDULED PICKUP by delivery driver (Place bags/boxes in the same place in the cold storage so they can be easily located)
- Bags can be placed in a cardboard box for pick up by delivery driver

GENERAL SAFE HANDLING

- Always examine food for any signs of decay, spoilage, mold, or odors
- Keep packaged items in their original packaging
- Do not rescue canned or dry packaged foods' with tears in packaging, holes, dents, spoilage, etc. (Canned and packaged foods with packaging intact can be donated past date labels)

For more information, please contact your Area Supervisor or Janet Whited: jwhited@sandi.net.

LOVE FOOD NOT WASTE-FOOD RESCUE PROGRAM
MIDDLE & HIGH SCHOOLS-Breakfast/Nutrition Break/Lunch

Revised 6.7.24

Focus on Recovery & Rescue of INDIVIDUALLY WRAPPED (IW) & Kitchen Wrapped/Packaged Items

ITEM	Serving Temp.	Recover	Rescue	End Date	Comments
BEVERAGES					
Milk (ALL)	Cold	YES	YES	Expire Date	Near/after expiration date can be rescued
Juice (ALL)	Cold	YES	YES	Expire Date	Near/after expiration date can be rescued
BEFORE THE BELL BREAKFAST & NUTRITION BREAK					
Bagel & Cream Cheese	Warm/Cold	NO	YES	Expire Date	IW both items/Bagel cool down for rescue
Bean & Cheese Burrito	Warm	NO	YES	Daily	Individually wrapped/Cool down for rescue
BeneFIT Oatmeal/Choc Bar	Room Temp	YES	YES	Expire Date	IW/Near or after expiration date can be rescued
Blueberry Muffin	Rm. Temp/Warm	YES*	YES	Daily	IW/*Room Temp=Recover/Cool down for rescue
Cereals (ALL DRY)	Room Temp	YES	YES	Expire Date	IW/Near or after expiration date can be rescued
Cinnamon Roll	Warm	NO	NO	Daily	Individually wrapped/Cool down for rescue
Cinn. Toast Crunch Pastry	Warm	NO	YES	Daily	Individually wrapped/Cool down for rescue
Concha Pan Dulce	Warm	NO	YES	Daily	Individually wrapped/Cool down for rescue
Dried Cranberries	Room Temp	YES	YES	Expire Date	IW/Near or after expiration date can be rescued
Fat Cat Cowgirl Muffin Bar	Rm. Temp/Warm	YES*	YES	Expire Date	IW/*Room Temp=Recover/Cool down for rescue
Fresh Fruit Selection	Cool	YES	NO	2-days	Provide bowl for students to "Share" unwanted fruit
Fruit & Yogurt Parfait	Cold	NO	NO	Daily	Discard in trash
Graham Crackers	Room Temp	YES	YES	Expire Date	IW/Near or after expiration date can be rescued
Poffitz Pancake Bites	Warm	NO	YES	Daily	IW/Near or after expiration date can be rescued
Sunrise Burrito	Warm	NO	YES	Daily	Kitchen wrapped/Cool down for rescue
Vanilla Waffle	Warm	NO	YES	Daily	Individually wrapped/Cool down for rescue
LUNCH					
<i>ALL Boxed SALADS</i>	Cold	YES	NO	2 days	Or when lettuce BEGINS to brown - Discard
Ballpark Nachos (Mgr. Spec)	Warm	NO	NO	Daily	Discard in trash
BBQ Baby Back Ribs (Mgr Spec)	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Beef & Broccoli/Rice (Mgr Sp)	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Bistro Box Baby Carrots	Cold	YES	YES	Daily	IW/Near or after expiration date can be rescued
Bistro Box Cheese/Crackers	Cold	YES	YES	Expire Date	IW/Near or after expiration date can be rescued
Buffalo Chicken Wrap	Warm	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Caesar Salad/side chicken	Cold	YES	NO	2 Days	Or when lettuce BEGINS to brown - Discard
Cali Mac Burger	Warm	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Carnitas Burrito	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Cheeseburgers (ALL)	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Chicken Thigh (Roasted)	Warm	NO	YES	Daily	Kitchen packaged/Cool down then freeze for rescue
Chicken Nuggets	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Chicken Patty Sandwich	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Chicken Ceasar Wrap	Cold	NO	YES	Daily	Kitchen wrapped/Freeze for rescue
Crackers (ALL)	Room Temp	YES	YES	Expire Date	IW/Near or after expiration date can be rescued
Fish & Chips (Mgr. Spec.)	Hot	NO	YES	Daily	Kitchen packaged/Cool down then freeze for rescue
Hummus Plate	Cold	NO	NO	Daily	Discard in trash
Kung Pao Chicken/Noodles	Warm	NO	YES	Daily	Kitchen pkgd./Cool down then freeze for rescue
Layered Mex. Bean Bowl	Cold	NO	YES	Daily	Kitchen packaged/Freeze for rescue
Mandarin Chicken/Rice	Warm	NO	YES	Daily	Kitchen packaged/Cool down then freeze for rescue
Mozzarella Breadsticks	Warm	NO	YES	Daily	Kitchen packaged/Cool down then freeze for rescue
Pepperoni Pizza	Hot	NO	NO	Daily	Discard in food scrap cart if not packaged
Spicy Chicken Sandwich	Warm	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue
Southwest Chicken Salad	Cold	YES	NO	2 Days	Or when lettuce BEGINS to brown - Discard
Tortilla Chips	Room Temp	YES	YES	Daily	IW/Near or after expiration date can be rescued
Turkey & Cheese Sandwiches	Cold	NO	YES	Daily	Kitchen wrapped/Freeze for rescue
Veggie Burger (Mgr. Spec.)	Hot	NO	YES	Daily	Kitchen wrapped/Cool down then freeze for rescue

Focus on Individually Wrapped/kitchen packaged items; Specific items for rescue will be communicated to each Kitchen Cluster

Note: Items NOT on list should be discarded. Only UNWRAPPED/UNPACKAGED "loose" food can be placed in food scrap carts; "loose" food CAN be combined into CLEAR bags for placement in food scrap carts.

SDUSD FOOD RESCUE - PROCESS IMMEDIATELY

Please Attach Label to Bags/Containers

1. Donor Location Name: SDUSD -

Donor Address:

2. Food Description:

3. FOOD PREP DATE:

FOOD DONATION DATE:

4. **Allergen Statement: Warning!** *This container holds rescued food! This food may contain, have come in contact with, or have been produced in a facility which also produces milk, eggs, peanuts, tree nuts (walnuts, almonds, pecans, hazelnuts/filberts, pistachios, cashews, coconuts, pine nuts, macadamia nuts, and/or Brazil nuts), fish, shellfish (crab, crawfish, lobster, shrimp, mussels, and/or oysters), wheat, soybeans, and/or sesame seeds.*

5. **Ingredient Website:** For detailed allergen information, please see:

https://www.sandiegounified.org/departments/food/menus_special_diets

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